

  @onehappybowl
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Happy Bowl

- HEALTHY FOOD CAFE -

Menu

> ORDER INSIDE PLEASE! <

MON: 11 AM - 3 PM
TUE - SAT: 11 AM - 7.30 PM
SUN: 11 AM - 3 PM

- BREAKFAST -

All day

ALL ITEMS
\$ 11,50

LOCAL GREEN SMOOTHIE BOWL,
HOMEMADE GRANOLA, NUTS/SEEDS
& FRESH FRUITS

OR

COCONUT YOGHURT,
HOMEMADE GRANOLA & FRESH FRUITS

OR

NUTTY BANANA SPLIT
COCONUT YOGHURT,
NUTS/SEEDS, PEANUT BUTTER

OR

COOKIE DOUGH DIP WITH FRESH FRUITS
& SWEET NACHO CHIPS

Weekend Special

OAT BANANA PANCAKES
& FRESH FRUITS

TOFU SCRAMBLE WITH AVOCADO,
TOMATO SALSA & PAN BATI (LOCAL CORN PANCAKE)

OR

FLAMINGO OATMEAL
WITH PROTEIN & BEET POWDER, SEED MIX, BANANA,
RED BERRY SAUCE & COCONUT FLAKES



STICK HOUSE POPSICLES
100% FRUITS

\$5.50

SEVERAL
HEALTHY SWEETS
FROM \$ 3

SEE DISPLAY
INSIDE FOR ALL
FLAVORS!

- HAPPY BOWLS -

MEET OUR DELICIOUS POKE BOWLS! ON THE BOARD INSIDE YOU CAN SEE ALL AVAILABLE BASES, TOPPINGS, FINAL TOUCHES AND SAUCES. CREATE YOUR OWN FAVORITE OR LET US DECIDE :-)

HAPPY BOWL

CHOOSE YOUR BASE,
5 TOPPINGS, SAUCE
& FINAL TOUCH

SURPRISE BOWL

WE CHOOSE YOUR BASE,
5 TOPPINGS, SAUCE
& FINAL TOUCH

\$ 13,50

HUNGRY?

ALL EXTRAS:
TOPPINGS + \$1
PREMIUMS + \$2



FIXED BOWLS

CHOOSE 1 OF OUR SIGNATURE BOWLS:

			PROTEIN EXPLOSION
FRESH ENERGY	SUSHI VIBES	CRUNCHY LOVER	ROASTED CHICKPEAS
TOFU FETA	WATERMELON TUNA	SPICY TEMPEH	MIXED BELL PEPPERS
CHERRY TOMATOES	MANGO	ZUCCHINI	CORN
FRESH SPINACH	EDAMAME	CARROTS	BLACK BEANS
CUCUMBER	CUCUMBER	SPRING ONION	SWEET POTATO
CHICKPEAS	AVOCADO	RED CABBAGE	CREAMY SRIRACHA
LEMON - TAHINI	TAMARI - GINGER	THAI PEANUT	DUKKAH
POMEGRANATE	CILANTRO - MINT - RED PEPPER	LOCAL SPROUTS	

- DRINKS -

ALL COFFEES ARE DAIRY FREE! CAPPUCCINOS ARE MADE WITH OAT MILK (NOT 100% GLUTEN FREE), BUT CAN BE MADE WITH ALMOND MILK ON REQUEST!

COFFEE \$ 3
ESPRESSO \$ 2,50
CAPPUCCINO \$ 3,50
CAFFE LATTE \$ 4
ORGANIC TEA \$ 3
CHAI/TURMERIC LATTE \$ 4

FRESH MINT TEA \$ 4
FRESH GINGER/LEMON TEA \$ 4
JUST WATER \$ 4
LOCAL KOMBUCHA \$ 6,50
COLD-PRESSED JUICES \$ 6

Attention please!

OUR BOWLS AND OTHER DISHES ARE MADE WITH SPECIAL CARE AND ARE  PLANT-BASED &  GLUTEN FREE.

PLEASE LET US KNOW IF YOU HAVE ANY ALLERGIES.